Agency Priority Goal Action Plan

Suicide Prevention, FY 2020 Q3 Update

Goal Leader:
Dr. David Carroll – Executive Director, Office of Mental Health and Suicide Prevention

Deputy Goal Leader:
Dr. Matthew A. Miller - Director – Suicide Prevention, Office of Mental Health and Suicide Prevention
Overview

Goal Statement:
Through Clinical and Community strategies, VHA will proactively identify and provide interventions for at-risk Veterans, both those using VHA care and those using other care systems, to prevent suicide and overdose death.

• Clinical Goals:
  • By September 30, 2021, VA will increase implementation of Safety Planning in the Emergency Department (SPED), to ensure completion of safety planning for eligible Veterans in the ED/Urgent Care Center (UCC) from a baseline of 34% to 90%.
  • By September 30, 2021, the percent of Veterans targeted through predictive modeling algorithms (REACH VET) within the VHA system will reach 95% across the four required metrics (Coordinator Accepted; Provider Accepted; Care Evaluation; Outreach Attempted).

• Community Goals:
  • By September 30, 2021, VA will partner with Health and Human Services (HHS)/Substance Abuse and Mental Health Services Administration (SAMHSA) to develop statewide plans in 28 or more additional States or territories in a “Governor’s Challenge” to end Veteran suicide outside the VHA system (compared to the FY19 baseline of 7 states).
Overview

Challenge:

• While evidence-based interventions reduce the likelihood of suicide, they must reach those at risk to be effective.

Opportunities:

• **Reaching Veterans within VHA:** VA is using advanced analytics (REACH VET) combined with clinical interventions to identify people most likely in need of preventive intervention and connect them with services. Additionally, VHA is implementing evidence-based strategies to treat Veterans at high risk for suicide in the ED/UCC (Safety Planning in the Emergency Department (SPED) program).

• **Reaching Veterans in the Community:** Partnering with Health and Human Services/SAMHSA and 24 cities through the Mayor’s Challenge and 7 states in the Governor’s Challenge, VA is working collaboratively with local and state governments and communities to develop community action plans to end Veteran suicide.
Goal Structure & Strategies: Clinical Strategies (within VHA)

- **Safety Planning in the Emergency Department (SPED)** combines safety planning interventions with follow-up phone calls after discharge from ED/UCC
  - Research has shown significant reduction in suicidal behaviors as a result of the intervention.

- **Recovery Engagement and Coordination for Health – Veterans Enhanced Treatment (REACH VET)** identifies patients at statistical risk of death by suicide in the next month.
  - Patients identified as within the top risk tier at their facility based on the REACH VET model are expected to receive a care review and outreach intervention from a personally assigned care provider.
Goal Structure & Strategies: Community Strategies (outside VA)

- **Governor’s Challenges (in partnership with SAMHSA)** develop community strategic action plans that can be implemented at the local level to end Veteran suicide, reaching the 11/17 Veterans outside of VHA care.
  - Integrates Veteran suicide prevention into the values, culture, leadership, and work of a broad range of organizations and programs with a role in supporting suicide prevention activities.
  - Establishes effective, sustainable, and collaborative suicide prevention programs for Veterans at the national, state/territorial, tribal, and local levels.
  - Pursues and sustains public-private partnerships to advance Veterans suicide prevention.
  - Develops, implements, and evaluates communication efforts designed to reach Veterans.
Clinical Strategies

- **SPED:**
  - Increased from 48.6% (FY20Q1) to 51.1% (FY20Q3) on safety plans completed in the Emergency Department

- **REACH-VET:** Since FY20Q1, national performance metrics have:
  - Increased from 98.6% (FY20Q1) to 99.6% (FY20Q3) on Coordinator Accepted
  - Increased from 93.2% (FY20Q1) to 98.5% (FY20Q3) on Provider Accepted
  - Increased from 90.8% (FY20Q1) to 97.9% (FY20Q3) on Care Evaluation
  - Increased from 89.3% (FY20Q1) to 97.1% (FY20Q3) on Outreach Attempts

Community Strategies

- **Governor’s Challenges:**
  - At the end of FY19, 7 states were engaged in Governor’s Challenges
  - Six additional states joined the Governor’s Challenge since FY20Q1, for a total of 13 states.
  - Fourteen states are scheduled to join the Governor’s Challenge in FY20Q4.
## Key Milestones (Clinical Strategies - SPED)

### Increase implementation of Safety Planning in the Emergency Department, to ensure completion of safety planning for eligible Veterans in the ED/UCC

<table>
<thead>
<tr>
<th>Key Milestone</th>
<th>Milestone Due Date [e.g., Q2, FY 2017]</th>
<th>Milestone Status [e.g., Complete, On-Track, Missed]</th>
<th>Change from last quarter [optional column]</th>
<th>Owner [optional column]</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Identify local champion at each Health Care System (HCS) for implementation of SPED</td>
<td>FY20Q1</td>
<td>Complete</td>
<td></td>
<td></td>
<td>100% of Health Care Systems with an ED/UCC have identified a SPED POC.</td>
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<tr>
<td>Implement monthly reporting to all Veterans Integrated Service Networks (VISNs) for increased accountability on safety planning development</td>
<td>FY20Q2</td>
<td>Ongoing</td>
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<td></td>
<td>Metrics reporting to VISN CMHOs started in first week of May and is ongoing, monthly.</td>
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<tr>
<td>Implement targeted Technical Assistance (TA) for sites performing below national targets in 3 consecutive months</td>
<td>FY20Q2</td>
<td>In Progress</td>
<td></td>
<td></td>
<td>National target is being discussed now that metrics are finalized. TA will be offered in all VISN communications. Now that May, June and July data metrics are available, it will be reviewed to identify low-performing sites for targeted outreach in FY20Q4.</td>
</tr>
<tr>
<td>Implement national note templates to assist in post-ED follow-up contact documentation and tracking</td>
<td>FY20Q3</td>
<td>Complete</td>
<td></td>
<td></td>
<td>Suicide Risk Management Follow-Up note was required for installation at facilities nationwide by 4/9/20.</td>
</tr>
<tr>
<td>Increase the percentage of Veterans who are eligible for SPED that receive a Safety Plan while in the ED to 90%</td>
<td>FY21Q4</td>
<td>In Progress</td>
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</table>
Key Indicators – Clinical - SPED

% safety plans completed – 90% Target

<table>
<thead>
<tr>
<th>Percentage</th>
<th>FY20Q1</th>
<th>FY20Q2</th>
<th>FY20Q3</th>
<th>FY20Q4</th>
<th>FY21Q1</th>
<th>FY21Q2</th>
<th>FY21Q3</th>
<th>FY21Q4</th>
</tr>
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<tbody>
<tr>
<td></td>
<td>48.6</td>
<td>50.6</td>
<td>51.1</td>
<td></td>
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</table>

- % safety plans completed

Linear (% safety plans completed)
## Key Milestones (Clinical Strategies – REACH-VET)

Increase the percent of Veterans targeted through predictive modeling algorithms within the VHA system that are successfully reached through REACH VET

<table>
<thead>
<tr>
<th>Key Milestone</th>
<th>Milestone Due Date</th>
<th>Milestone Status</th>
<th>Change from last quarter</th>
<th>Owner</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Implement monthly push reporting to all VISNs for increased accountability</td>
<td>FY20Q1</td>
<td>Complete</td>
<td></td>
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</tr>
<tr>
<td>Offer intensive TA consultation for sites performing below national targets 3 months in a row</td>
<td>FY20Q1</td>
<td>Complete</td>
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</tr>
<tr>
<td>Update REACH-VET model and decision support to run at sites with the Cerner medical record.</td>
<td>FY20Q3</td>
<td>In progress</td>
<td></td>
<td></td>
<td>Progress is underway but was stalled due to impacts of COVID-19 pandemic.</td>
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<tr>
<td>Optimize REACH-VET model to improve identification of Veterans at near-term risk of suicide, potentially through additions of new candidate predictors, subgroup analysis, and/or advancement of statistical methods.</td>
<td>FY20Q4</td>
<td>In progress</td>
<td></td>
<td></td>
<td>Models are drafted and show improved performance compared to original REACH VET model. Final validation is underway.</td>
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Key Indicators – Clinical – REACH VET

Completion of clinical strategies for REACH VET

95% target
Key Milestones (Community Strategies)

Expand the Governor’s Challenge to 28 states, developing localized community strategic action plans that can be implemented to end Veteran suicide for all Veterans.

<table>
<thead>
<tr>
<th>Key Milestone</th>
<th>Milestone Due Date</th>
<th>Milestone Status</th>
<th>Change from last quarter</th>
<th>Owner</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Identify 28 new states to join the Governor’s Challenges</td>
<td>FY20Q1</td>
<td>Complete</td>
<td></td>
<td></td>
<td>Identified 28 States to invite to participate in the Governor’s Challenge.</td>
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<tr>
<td>Issue invitation to first 14 new states to join the Governor’s Challenges</td>
<td>FY20Q1</td>
<td>Complete</td>
<td></td>
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<td>Invitations sent via email on 12/4/2019.</td>
</tr>
<tr>
<td>Issue invitation to second 14 states to join the Governor’s Challenges</td>
<td>FY20Q2</td>
<td>Complete</td>
<td></td>
<td></td>
<td>Invitations sent via email on 1/10/2020. 21 states accepted invitations; 7 declined.</td>
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<td>Conduct Policy Academy for first group (7) of the 14 initial invited states</td>
<td>FY20Q2</td>
<td>Complete</td>
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<td>First Policy Academy took place February 25-27, 2020; 6 completed, 1 state declined.</td>
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<tr>
<td>Conduct Policy Academy for second group (7) of the 14 initial invited states</td>
<td>FY20Q3</td>
<td>On-track</td>
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<td>Second Policy Academy postponed due to COVID 19, to be held virtually Aug. 4-6, 2020.</td>
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<tr>
<td>Conduct Policy Academy for fourth group (7) of the second set of invited states</td>
<td>FY20Q3</td>
<td>On-track</td>
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<td>Fourth Policy Academy cancelled due to 7 states declining. In place of Policy Academy, existing teams will be convening for a virtual conference focused on evaluation Sept. 1-3, 2020.</td>
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Key Indicators – Community – Governors Challenge

# of States Partnering as part of the Governors Challenge, completing initial Policy Academy

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<thead>
<tr>
<th></th>
<th>FY20Q1</th>
<th>FY20Q2</th>
<th>FY20Q3</th>
<th>FY20Q4</th>
<th>FY21Q1</th>
<th>FY21Q2</th>
<th>FY21Q3</th>
<th>FY21Q4</th>
</tr>
</thead>
<tbody>
<tr>
<td>States</td>
<td>7</td>
<td>13</td>
<td>13</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
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</table>
Data Accuracy and Reliability

- Data on whether targeted patient populations receive recommended interventions are based on data elements within the VA Corporate Data Warehouse. Data is limited by accuracy and completeness of clinical coding.
- High risk patients are identified using predictive models developed on VA data. Information on the validation and limitations of these models have been published (Kessler et al., 2017; McCarthy et al., 2015; Oliva et al., 2017)
• Additional Information

**Contributing Programs**
Organizations:
• States participating in the Governor’s Challenge

Policies:
• VHA Handbook 1160, Uniform Mental Health Services

Other Federal Activities:
• Health and Human Services/SAMHSA

**Stakeholder / Congressional Consultations**
• Congressional consultations
• The Veteran
• Veteran Service Organizations
• Community Partners
Leadership & Implementation Team

Oversight and Program Management
Dr. David Carroll, Executive Director, Office of Mental Health and Suicide Prevention (OMHSP)
Dr. Matthew A. Miller, Director for Suicide Prevention, OMHSP

Data and Milestones Leads
- Internal (Clinical) Milestones Lead
  Dr. Jodie Trafton, OMHSP
- Data Lead
  Dr. Susan Strickland, OMHSP
- External (Community) Milestones Lead
  Juliana Hallows, OMHSP

Implementation Leads
- REACH VET and SPED Leads (Clinical)
  Dr. Bridget Matarazzo and Dr. Kaily Clark, OMHSP
- Governor Challenge Lead (Community)
  Ms. Andrea Le, OMHSP